

Treatment	Contraindication	Cautions
Dermaplane	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Blood thinners	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Cold sores or open wounds	Injectables/ Fillers – wait 14 days
	Inflamed acne grades 3 and 4	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Inflamed rosacea	Retin-A or other exfoliants – wait 7 days
	Presence of burns or rashes or infections.	Sunburn – 7 days or until redness and inflammation is gone
	Terminal hair growth	Waxing - wait 7 days
	Uncontrolled diabetes	
Facials/ Back Facial/ Body Treatment	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Active infection or rash	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Autoimmune disorders	Injectables/ Fillers – wait 14 days
	Bacterial or viral skin infection	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Broken capillaries	Retin-A or other exfoliants – wait 7 days
	Cancer	Sunburn – 7 days or until redness and inflammation is gone
	Current antibiotic use, topical and/or oral	Waxing - wait 7 days
	Infestation	
	Inflammation	
	Loss of skin sensation	
	Plates, pins or devices inside body	
	Pregnancy	
	Recent surgery	
	Sebaceous gland disorders (Acne grades 3-4, acne excoriee)	
	Sudoriferous gland disorders (Miliaria rubra)	
	Sunburn	
	Vascular disorders or conditions (Purpura, ecchymosis, stroke)	

Treatment	Contraindication	Cautions
High Frequency	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Active infection or rash	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Autoimmune disorders	Injectables/ Fillers – wait 14 days
	Bacterial or viral skin infection	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Broken capillaries	Retin-A or other exfoliants – wait 7 days
	Cancer	Sunburn – 7 days or until redness and inflammation is gone
	Current antibiotic use, topical and/or oral	Waxing - wait 7 days
	Infestation	
	Inflammation	
	Loss of skin sensation	
	Plates, pins or devices inside body	
	Pregnancy	
	Recent surgery	
	Sebaceous gland disorders (Acne grades 3-4, acne excoriee)	
	Sudoriferous gland disorders (Miliaria rubra)	
	Sunburn	
	Vascular disorders or conditions (Purpura, ecchymosis, stroke)	
Hydrodermabrasion	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Active infection or rash	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Autoimmune disorders	Injectables/ Fillers – wait 14 days
	Bacterial or viral skin infection	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Broken capillaries	Retin-A or other exfoliants – wait 7 days
	Cancer	Sunburn – 7 days or until redness and inflammation is gone
	Current antibiotic use, topical and/or oral	Waxing - wait 7 days
	Infestation	Sunburn – 7 days or until redness and inflammation is gone
	Inflammation	
	Loss of skin sensation	
	Plates, pins or devices inside body	
	Pregnancy	
	Recent surgery	
	Sebaceous gland disorders (Acne grades 3-4, acne excoriee)	
	Sudoriferous gland disorders (Miliaria rubra)	
	Sunburn	
	Vascular disorders or conditions (Purpura, ecchymosis, stroke)	

Treatment	Contraindication	Cautions
Lamination/ Lifting/ Tint	Allergies – anything causing eyes watering	Accutane or isotretinoin – wait 12 months
	Alopecia or Madarosis (Hair loss disorder)	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Antibiotics/ Medications	Injectables/ Fillers – wait 14 days
	Antihistamines - wait 24 hours	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Blepharitis (Eyelid inflammation)	Retin-A or other exfoliants – wait 7 days
	Botox/Fillers	Sunburn – 7 days or until redness and inflammation is gone
	Chemotherapy/ Radiation	Waxing - wait 7 days
	Eczema	
	Eye area injuries	
	Eye infection (including Conjunctivitis - pink eye)	
	Eye surgery	
	Facial Peels/ Actives	
	Glaucoma	
	Local skin infection	
	Local Surgical Procedure	
	Pregnant, Breastfeeding or IVF	
	Previous reactions to henna, tints, dyes, bleach	
	Psoriasis	
	Tanning Bed Usage	
	Tear duct infection	
	Trichotillomania	
	Under Active Thyroid	
Lash Extensions	Allergies – anything causing eyes watering	Accutane or isotretinoin – wait 12 months
	Alopecia or Madarosis (Hair loss disorder)	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Blepharitis (Eyelid inflammation)	Injectables/ Fillers – wait 14 days
	Chemotherapy/ Radiation	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Distichiasis (Double lash line)	Retin-A or other exfoliants – wait 7 days
	Eye area injuries	Sunburn – 7 days or until redness and inflammation is gone
	Eye cysts, styes, or milium	Waxing - wait 7 days
	Eye infection (including Conjunctivitis - pink eye)	
	Eye surgery	
	Glaucoma	
	Hypersensitive skin	
	Sjogren's Syndrome	
	Tear duct infection	
	Trauma induced alopecia	
	Trichotillomania	
	Under Active Thyroid	

Treatment	Contraindication	Cautions
LED light therapy	Cancer	Accutane or isotretinoin – wait 12 months
	Epilepsy	Chemical Peel – wait 4 weeks, or until peeling has stopped
	History of phototoxic reactions	Injectables/ Fillers – wait 14 days
	Malignant melanoma	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Photosensitizing drugs	Retin-A or other exfoliants – wait 7 days
	Pregnancy	Sunburn – 7 days or until redness and inflammation is gone
		Waxing - wait 7 days
Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing	Autoimmune disorders	Accutane or isotretinoin – wait 12 months
	Bleeding disorders	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Cancer or history of	Injectables/ Fillers – wait 14 days
	Current infection anywhere in the body	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Heart problems	Retin-A or other exfoliants – wait 7 days
		Sunburn – 7 days or until redness and inflammation is gone
		Waxing - wait 7 days
Microcurrent	Open wounds	Accutane or isotretinoin – wait 12 months
	Heart Condition	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Pacemaker or pacemaker leads	Injectables/ Fillers – wait 14 days
	Muscular diseases	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Epilepsy or hemophilia	Retin-A or other exfoliants – wait 7 days
	Advanced diabetes	Sunburn – 7 days or until redness and inflammation is gone
	Pregnancy/Lactating	Waxing - wait 7 days

Treatment	Contraindication	Cautions
Microdermabrasion	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Active infection or rash	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Autoimmune disorders	Injectables/ Fillers – wait 14 days
	Bacterial or viral skin infection	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Broken capillaries	Retin-A or other exfoliants – wait 7 days
	Cancer	Sunburn – 7 days or until redness and inflammation is gone
	Current antibiotic use, topical and/or oral	Waxing - wait 7 days
	Infestation	Sunburn – 7 days or until redness and inflammation is gone
	Inflammation	
	Loss of skin sensation	
	Plates, pins or devices inside body	
	Pregnancy	
	Recent surgery	
	Sebaceous gland disorders (Acne grades 3-4, acne excoriee)	
	Sudoriferous gland disorders (Miliaria rubra)	
	Sunburn	
	Vascular disorders or conditions (Purpura, ecchymosis, stroke)	
Ultra Sonic Spatula	Open wounds	Accutane or isotretinoin – wait 12 months
	Heart Condition	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Pacemaker or pacemaker leads	Injectables/ Fillers – wait 14 days
	Muscular diseases	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Epilepsy or hemophilia	Retin-A or other exfoliants – wait 7 days
	Advanced diabetes	Sunburn – 7 days or until redness and inflammation is gone
	Pregnancy/Lactating	Waxing - wait 7 days
Waxing	Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Accutane or isotretinoin – wait 12 months
	Autoimmune disorders	Chemical Peel – wait 4 weeks, or until peeling has stopped
	Bleeding disorders	Injectables/ Fillers – wait 14 days
	Broken capillaries	Permanent makeup/ Tattoo – wait 4 weeks or until healed
	Current antibiotic use, topical and/or oral	Retin-A or other exfoliants – wait 7 days
	Open wounds or cold sores	Sunburn – 7 days or until redness and inflammation is gone
	Poor wound healing response (cancer, diabetes, other immune disorders)	Waxing - wait 7 days
	Rashes	
	Rosacea	

Contraindication	Treatment
Acids, retinols, rosacea or acne medications discontinued at least 7 days prior to treatment.	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
	Waxing
Advanced diabetes	Dermaplane
	Microcurrent
	Ultra Sonic Spatula
	Waxing
Allergies – anything causing eyes watering	Lamination/ Lifting/ Tint
	Lash Extensions
Alopecia or Madarosis (Hair loss disorder)	Lamination/ Lifting/ Tint
	Lash Extensions
Antihistamines - wait 24 hours	Lamination/ Lifting/ Tint
Autoimmune disorders	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microdermabrasion
	Waxing
Bacterial or viral skin infection	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
Bleeding disorders	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Waxing
Blepharitis (Eyelid inflammation)	Lamination/ Lifting/ Tint
	Lash Extensions
Blood thinners	Dermaplane

Contraindication	Treatment
Botox/Fillers	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Lamination/ Lifting/ Tint
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing
Broken capillaries	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
	Waxing
Cancer or history of	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microdermabrasion
Chemotherapy/ Radiation	Lamination/ Lifting/ Tint
	Lash Extensions
Cold sores or open wounds	Dermaplane
	Microcurrent
	Ultra Sonic Spatula
	Waxing
Current antibiotic use, topical and/or oral	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Lamination/ Lifting/ Tint
	Microdermabrasion
	Waxing
Distichiasis (Double lash line)	Lash Extensions
Eczema	Lamination/ Lifting/ Tint
Epilepsy or hemophilia	LED light therapy
	Microcurrent
	Ultra Sonic Spatula
Eye cysts, styes, or milium	Lash Extensions

Contraindication	Treatment
Eye area injuries	Lamination/ Lifting/ Tint
	Lash Extensions
Eye Infection (including Conjunctivitis -pink eye)	Lamination/ Lifting/ Tint
	Lash Extensions
Eye surgery	Lamination/ Lifting/ Tint
	Lash Extensions
Facial Peels/ Actives	Lamination/ Lifting/ Tint
Glaucoma	Lamination/ Lifting/ Tint
	Lash Extensions
Heart Condition	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Ultra Sonic Spatula
History of phototoxic reactions	LED light therapy
Hypersensitive skin	Lash Extensions
Infestation	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
Inflammation	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
Local skin infection	Lamination/ Lifting/ Tint
Local Surgical Procedure	Lamination/ Lifting/ Tint
Loss of skin sensation	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
	Waxing
Malignant melanoma	LED light therapy
Muscular diseases	Microcurrent
	Ultra Sonic Spatula
Pacemaker or pacemaker leads	Microcurrent
	Ultra Sonic Spatula

Contraindication	Treatment
Photosensitizing drugs	LED light therapy
Plates, pins or devices inside body	Hydrodermabrasion
	Microdermabrasion
	Facials/ Back Facial/ Body Treatment
	High Frequency
Poor wound healing response (cancer, diabetes, other immune disorders)	Waxing
Pregnant, Breastfeeding or IVF	Lamination/ Lifting/ Tint
	Hydrodermabrasion
	Microdermabrasion
	Facials/ Back Facial/ Body Treatment
	High Frequency
	LED light therapy
	Ultra Sonic Spatula
	Microcurrent
Previous reactions to henna, tints, dyes, bleach	Lamination/ Lifting/ Tint
Psoriasis	Lamination/ Lifting/ Tint
Rashes or infection	Hydrodermabrasion
	Microdermabrasion
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Dermaplane
	Waxing
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
Recent surgery	Hydrodermabrasion
	Microdermabrasion
	Facials/ Back Facial/ Body Treatment
	High Frequency
Sebaceous gland disorders (Acne grades 3-4, acne exco IEEE)	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
Sjogren's Syndrome	Lash Extensions
Sudoriferous gland disorders (Miliaria rubra)	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion

Contraindication	Treatment
Sunburn	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion
	Waxing
Tanning Bed Usage	Lamination/ Lifting/ Tint
Tear duct infection	Lamination/ Lifting/ Tint
	Lash Extensions
Terminal hair growth	Dermaplane
Trichotillomania	Lamination/ Lifting/ Tint
	Lash Extensions
Under Active Thyroid	Lamination/ Lifting/ Tint
	Lash Extensions
Vascular disorders or conditions (Purpura, ecchymosis, stroke)	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	Microdermabrasion

Cautions	Treatment
Accutane or isotretinoin – wait 12 months	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Chemical Peel – wait 4 weeks, or until peeling has stopped	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Eye surgery - Dr release	Lamination/ Lifting/ Tint
	Lash Extensions

Injectables/ Fillers – wait 14 days	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Cautions	Treatment
Permanent makeup/ Tattoo – wait 4 weeks or until healed	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Retin-A or other exfoliants – wait 7 days	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Sunburn – 7 days or until redness and inflammation is gone	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing

Waxing - wait 7 days	Dermaplane
	Facials/ Back Facial/ Body Treatment
	High Frequency
	Hydrodermabrasion
	LED light therapy
	Lymphatic drainage - Including Gua Sha & Lymphatic Dry Brushing
	Microcurrent
	Microdermabrasion
	Ultra Sonic Spatula
	Waxing